

If you are self-isolating or cannot leave your house due to coronavirus then **GVC Helpers** may be able to assist you

We are a local group of volunteers based within Greenmount, our phone number is **07958 173940**

You can text or call us **between the hours of 9am and 3pm** and we can help with the following things if you have no one else available to help:

- Collecting your on-line shopping order
- Emergency supplies, prescriptions
- Posting or collecting mail
- A friendly phone call



WWW.GREENMOUNTVILLAGE.ORG.UK

For updates visit our website use Facebook (@GreenmountVillage) or Twitter (@GreenmountVill)

If you have any concerns about an elderly neighbour or relative, please check in on them or let us know

Coronavirus is highly contagious. Please take every precaution to ensure you spread only kindness. Avoid physical contact (2m distance) and wash your hands regularly. All items will be left on your doorstep or pushed through your letterbox, we will call to let you know when we drop anything off.

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