

# Dementia Carers Groups in Bury

## **Carers Art Class (Bury Carers Centre)**

What: Art class for Carers.

Where: 9 Silver Street, Bury

When: Every Monday 11:00-13:00. £.2 per person

## **Carers Chair based Tai Chi (Bury Carers Centre)**

What: Chair based Tai Chi class for Carers.

Where: 9 Silver Street, Bury

When: Every Tuesday morning 10:30-11:30 £2.50 per person.

## **Carers Coffee Morning (Bury Carers Centre)**

What: A support Group for Carers. Meet over a free cuppa and biscuits.

Where: 9 Silver Street, Bury

When: Every Friday morning 10:00-12:00

## **Carers in the Jewish Community (The Fed)**

What: Support group for carers

When: Every Monday 10:00 - Noon

Where: 1<sup>st</sup> Monday, Heathlands Village. Chat and Quiz

2<sup>nd</sup> Monday, Brackmans café – Leicester Road

3<sup>rd</sup> Monday, Walk and Talk in Broughton Park – Water Park Road entrance.

4<sup>th</sup> Monday Relax and Chat in the Purple room at Heathlands Village.

## **Carers in the Jewish Community (The Fed)**

What: Support group for Carers and Carers forum

When: First Wednesday of the month 14:30-16:00

Where: Purple room at Heathlands Village.

## **Carers Knit and Stitch (Bury Carers Centre)**

What: Knitting and Sewing group

Where: 9 Silver Street, Bury

When: Every Tuesday afternoon 13:00-15:00

### **Carers Reading Group (Bury Carers Centre)**

What: Monthly reading group led by a Bury Librarian.

Where: 9 Silver Street, Bury

When: Please contact Bury Carers Centre for upcoming dates.

### **Carers Support Group (Bury MBC)**

What: A support Group for Carers of people living with dementia.

Where: Pinfold Lane Day Centre, Whitefield

When: Last Thursday of each month 19:00-21:00

### **Male Carers in the Jewish Community (The Fed)**

What: Support group for male carers

When: First Wednesday of the month 17:45-19:45

Where: Purple room at Heathlands Village.

£2.50 includes light supper.

### **Contact Details**

Bury MBC 0161 253 7371

Carers Centre 0161 763 4867

Millercare 0161 761 0099

The Fed 0161 772 4800 (option 2)

### **Last Updated**

11<sup>th</sup> June 2017

John Pearcey

14<sup>th</sup> July 2018

Ken Dearden

to remov all reference to Making Space

John Pearcey

<mailto:wellagedbury@gmail.com>