

Dementia Groups in Bury

Friendly Faces

What: A group set up to tackle loneliness and social isolation amongst older people. Not specifically for people with dementia.

Where: Radcliffe Borough Football Club, Pilkington Road, M26 3PE

When: Every Wednesday. 13:00-15:00

Greenmount Village De-CaFF

What: A meeting place for people living with Dementia, their carers, family and friends.

Where: Greenmount Cricket Club, Brandlesholme Rd, BL8 4DX

When: The second Friday of every Month. 13:15-15:15

Greenmount Village De-CaFF The quieter side

What: A meeting place for people living with Dementia, their carers, family and friends.

Where: Greenmount Cricket Club, Brandlesholme Rd, BL8 4DX

When: The fourth Tuesday of every Month. 13:15-15:15

Merrie Melodies

What: A singing group open to anyone. Run by volunteers who are all highly experienced in supporting people living with Dementia, their carers, family and friends.

Where: The Salvation Army Community Church, Brookshaw Street, Bury, 18 Brookshaw St, Bury BL9 6EB

When: Every Thursday. 14:00-16:00

Free

Mosses Memory Group

What: A social afternoon for people living with Dementia, their carers, family and friends. Each week will have a theme.

Where: The Mosses, Cecil St, Bury BL9 0SB

When: Every Wednesday. 13:00-15:00

Free

Musical Memories (Carers Trust)

What: A singing group

Where: The Manna House, Irwell Street, Bury BL9 0HE

When: Every other Friday 10:00-12:00 Alternates with Reminis-sing.

Otago Chair-Based Exercise

What: Otago is a form of mainly chair based exercise designed to aid people prone to falls. It develops strength and flexibility.

Where: The Green Café, Clarence Park, Walmersley Road, Bury.

When: Every Monday 13:30- 14:30

£2 per week (includes a hot drink after the session).

Purple Room Café (The Fed)

What: A social group for both carers and cared for in the Jewish community.

Where: Heathland Village

When: Every Wednesday. 13:00-16:00

£1.50, free Reiki and Arm and Shoulder massage for carers (booking required for Reiki and massage).

Reminis-sing

What: A singing group

Where: The Manna House, Irwell Street, Bury BL9 0HE

When: Every other Friday 10:00-12:00 Alternates with Musical Memories.

Singing for the Brain (Alzheimer's Society)

What: A singing group

Where: Parkhills Community Centre, Parkhills Road, Bury, BL9 9AU

When: The second Tuesday of the month 10:00-12:00

Where: Harry Whitehead Court sheltered Housing, Lowes Road, Bury, BL9 6QN

When: The second Tuesday of the month 13:30-15:30

Where: Elms Farm, Mather Avenue, Whitefield, M45 8NT

When: The fourth Thursday of the month 13:30-15:30

Storybox

What: Each Storybox – Creative café session will use imagination, stories and poetry as a starting point to inspire a range of creative activities that are accessible for all.

Where: Bury Art Museum, Moss Street, Bury, BL9 0DR

When: Second Monday of each month, 13:30-14:30

Swimming Session

What: A relaxed, quiet and friendly swimming session in the training pool. Family changing rooms are available. £1.80 per person, carers go free if supporting someone with dementia.

Where: Castle Leisure Centre, Bolton Street, Bury, BL9 0EZ

When: Every Monday 12:00-13:00

Talk 2 Me Cafe

What: A social afternoon for people living with Dementia, their carers, family and friends.

Where: Clarkes Hill Living Scheme, Prestwich

When: 2nd Thursday of every month 14:00-16:00

Walking Football

What: A relaxed and friendly game of football with an FA coach. No running and no tackling, but lots of fun. Family changing rooms are available. £3.50 per person. Free if on BEATS scheme.

Where: Castle Leisure Centre, Bolton Street, Bury, BL9 0EZ

When: Every Tuesday 11:15-12:00

Contact Details

Alzheimer's Society	0161 763 9907	
Bury MBC	0161 253 7371	
Carers Centre	0161 763 4867	
Carers Trust	0161 764 4163	
Castle Leisure	0161 253 7000	
Friendly Faces	07930 490816	
Greenmount D-Caff		d-caff@greenmountvillage.org.uk
Millercare	0161 761 0099	
Persona	0161 253 6000	
Storybox	07941218435	
Supportive Stem	0161 447 8836	
The Fed	0161 772 4800 (option 2)	

Last Updated

13 th November 2016	John Pearcy	
14 th July 2018	Ken Dearden	to remove all reference to Making Space
17 th July 2018	John Pearcy	to amend and supplement the above
26 th July 2018	Ken Dearden	to arrange sessions in alphabetical order

If you would like to be added to our mailing list please email me.

John Pearcy

<mailto:wellagedbury@gmail.com>