

Go to gmwalking.co.uk/festival to sign up (When signing up please put Greenmount Village Community Group as the organisation you are in)

Greenmount Village Walking Group, part of Greenmount Village Community Group, are putting local walks, showing map, photos and informative route instructions on their website www.westpennineway.org It is well worth looking at.

Let's WALK

The Greater Manchester Virtual Walking Festival 2020

Sign up is now LIVE!

**Choose a goal.
Sign up.
Get walking.**

#GMWalkFest 12-25th October 2020

Greater Manchester Walking is delighted to launch the first virtual GM Walking Festival this October!

The Festival is for new and experienced walkers alike, and we hope there are goals, and activities that appeal to all.

Why?

The [Let's Walk Festival](#) aims to provide a motivation for thousands of Greater Manchester residents to walk more during the festival fortnight by showcasing the collective distance walked and the positive benefits of taking part of all participants.

And hopefully, those that have taken part will **be inspired** to keep walking regularly once the festival is over.

What is it?

The [Let's Walk Festival](#) will take place between **12th and 25th October 2020**, during which time we aim for the residents of Greater Manchester involved in the festival collectively, to **walk around the world! That's 25,000 miles in two weeks.**

Those who have signed up to be part of the Festival will need to log their steps, time or distance walked each day during 12-25th October to **contribute to the Greater Manchester goal**. Participants will be able to **raise funds for good causes** if they choose.

The [Let's Walk Festival website](#) has lots of walking activities, goals and challenges that people can sign up to take part in.

- ✓ Some may wish to take part because walking is their *passion*.
- ✓ Others may use the Festival as a kick start for new fitness or *active travel habits*.
- ✓ For many, walking is an ideal way to *manage stress* or maintain a *sense of wellbeing*.
- ✓ We also have ideas to *keep the children interested*.

How does it work?

People will need to visit the Let's Walk Festival website and [choose a walking activity](#) that appeals, then sign up to the festival using a phone, tablet or computer.

Then, during the festival fortnight, use a *phone or activity tracker to record steps*, the amount of time or the distance walked and log progress.

Participants will see their progress towards that particular goal, and their contribution to the overall GM Walking Festival goal of walking 25,000 miles.