

Achieve Drug and Alcohol,  
Treatment and Recovery Services

**NHS**



# National Alcohol Awareness Week

**Achieve Bury, Bolton, Salford & Trafford**

## **Achieve Community Development Alcohol Awareness Sessions**

**Coffee and Conversation: Wednesday 18th November  
2020, 14.00-15.00**

The annual information sharing alcohol quiz and mythbusting with Ross.  
Please email [ross.darbyshire@gmmh.nhs.uk](mailto:ross.darbyshire@gmmh.nhs.uk) for an invitation to join.

**Booze and Your Brain: Thursday 19th November 2020,  
18:00-19:00**

Have a chat about managing your mental health and alcohol.  
Please email [sarah-jane.truman@gmmh.nhs.uk](mailto:sarah-jane.truman@gmmh.nhs.uk) for an invitation to join.

**Achieve Does TaskMaster: Friday 20th November 2020,  
11.00-12.00**

Join the team for their own version of the reality TV show.  
Please email [lis.ashton@gmmh.nhs.uk](mailto:lis.ashton@gmmh.nhs.uk) for an invitation to join.

All events are online, access to the internet and Microsoft Teams is required.