

(Family Life And Managing Emotions)

Join us for an open session! Thursday 18<sup>th</sup> February 2021 at 6pm Thursday 25<sup>th</sup> February 2021 at 6pm

Via Zoom

FLAME is a space for 16-25 year olds in Bury who have difficult family relationships where, as a group, we will explore different themes that impact on our lives. The main aim is to offer peer support and a space to discuss difficult feelings around family life.

Please email <u>info@earlybreak.co.uk</u> or get in touch on social media and we'll send you a Zoom link

