

# IT'S BEST TO TEST

**1 in 3** people have Covid-19 without experiencing symptoms and could be unknowingly spreading the virus to others.

**Let's protect those around us**

Find out more [www.bury.gov.uk/coronavirus](http://www.bury.gov.uk/coronavirus)

**SELF-TEST  
TWICE  
WEEKLY**



LET'S DO IT

**FOR EACH OTHER**

LET'S DO IT FOR BURY

**NHS**

Bury

Clinical Commissioning Group

**Bury**  
COUNCIL

# LET'S BREAK

# THE TRANSMISSION

Many people with Covid-19 have mild, or even no symptoms, but can still spread the virus. With regular self-testing we can slow the spread, help protect the most vulnerable in our families and communities and start to get back on our feet.

Previously, rapid testing focused on essential workers and people that couldn't work from home. However, with lockdown starting to be eased and more people returning to work or spending time away from home, rapid testing is now available for all.

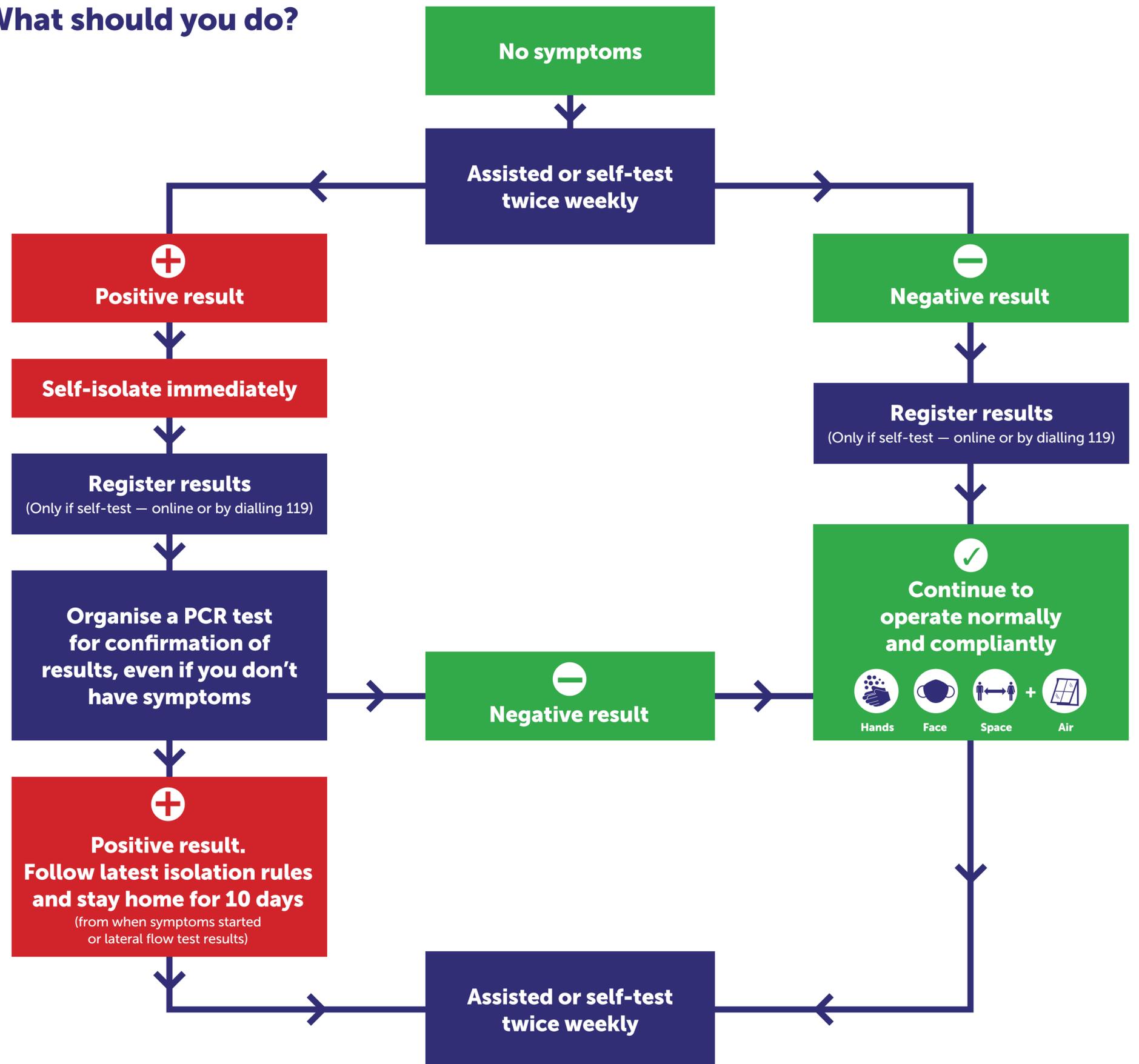
Getting tested twice weekly is a simple and effective way to know that you are Covid-free. Lateral flow testing is for people aged 11 and over.

## Registering Results

You must register your results within 24 hours of taking the test.

Visit [www.gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result) or by telephone, dial 119, free for mobiles and landlines. Lines are open every day 7am to 11pm.

## What should you do?





## SELF-TEST AT HOME

Take the test yourself at home by following the instructions included within the self-test kit. You can get self-test kits in a number of ways:

### 1. Order online straight to your door:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

### 2. Collection from a local test centre or pharmacy:

- Book a collection time at Waterfold Business Park or the Mosses Centre  
<https://nhsburyccg.simplybook.cc/v2/>
- Collect a supply of kits from one of Bury's Department of Health and Social Care (DHSC) testing centres, between 2.30pm and 8pm. The centres are open every day. You don't need an appointment:

#### Bury test centre

The Metro Christian Centre, 13 Parkhills Road, Bury BL9 9AU (closed on Sundays)

#### Prestwich test centre

Longfield Centre car park (via Rectory Lane), Prestwich M25 1AY

#### Radcliffe test centre

Former Radcliffe Pool car park, Blackburn Street, Radcliffe M26 1NG

#### Ramsbottom test centre

Great Eaves Road, Ramsbottom BLO 0PX

#### Whitefield test centre

Whitefield Library, Pinfold Lane, Whitefield M45 7NY

- Go to <https://maps.test-and-trace.nhs.uk/> to enter a town, city or postcode in England to check for the nearest participating pharmacy.

### Assisted testing

Alternatively you can book an assisted rapid test at one of our local Council testing centres. The centre will process your result which will be sent to you by email or text message in around an hour.

#### Book at one of our testing centres:

- Waterfold Business Park, Bury BL9 7BR
- The Mosses Centre, Cecil Street, Bury BL9 0SB

<https://nhsburyccg.simplybook.cc/v2/>

All staff at these testing centres are trained to swab if self-swabbing is an issue.

## HAVE SYMPTOMS?

If you have Covid-19 symptoms you'll need to take a PCR test as soon as possible and no later than 5 days from them starting. Or if you have tested positive on a rapid lateral flow test, you'll need to confirm your test results with a PCR test within the first 2 days. You'll need to self-isolate straight away in both circumstances.

You can get a PCR test in a number of ways:

### ✓ Book a test at a local DHSC testing centre

These test centres are suitable for people of any age. You must book an appointment to get tested as they do not offer a drop-in service. Bookings are made online at:

<https://www.gov.uk/get-coronavirus-test> or by phoning 119. If you need to drive to your appointment, parking is available nearby.

The test centre locations are:

#### **Bury test centre**

The Metro Christian Centre, 13 Parkhills Road, Bury BL9 9AU

#### **Prestwich test centre**

Longfield Centre car park (via Rectory Lane), Prestwich M25 1AY

#### **Radcliffe test centre**

Former Radcliffe Pool car park, Blackburn Street, Radcliffe M26 1NG

#### **Ramsbottom test centre**

Great Eaves Road, Ramsbottom BL0 0PX

#### **Whitefield test centre**

Whitefield Library, Pinfold Lane, Whitefield M45 7NY

### ✓ Book a test at a local Council drive-through or walk-through testing centre

The drive-through testing centre is for people aged 3 years or above. For a test for a child under 3 years, call 119 for advice. You need to book:

<https://nhsburyccg.simplybook.cc/v2/#book/location/1/service/2/count/1/provider/any/>

The drive-through centre is at:

#### **Waterfold Business Park, Bury BL9 7BR**

You can also get tested at a walk-through testing centre (for people aged 3 years or above) if you can walk or drive to the centre. However you must not use a taxi or public transport - this is really important to help protect other people. Bring a coat with you just in case you have to stand outside. No appointment needed. Parking close by. The walk-through testing centre is at:

#### **Chesham Fold, 95 Chesham Fold Road, Bury BL9 6JZ**

(open between 10am to 3pm, Monday to Friday, except Bank Holidays).

If you are worried about your symptoms or your child's symptoms, get help from NHS 111 online [111.nhs.uk](https://111.nhs.uk) or on the phone by calling 111.



New continuous cough



High temperature



Loss or change of smell / taste

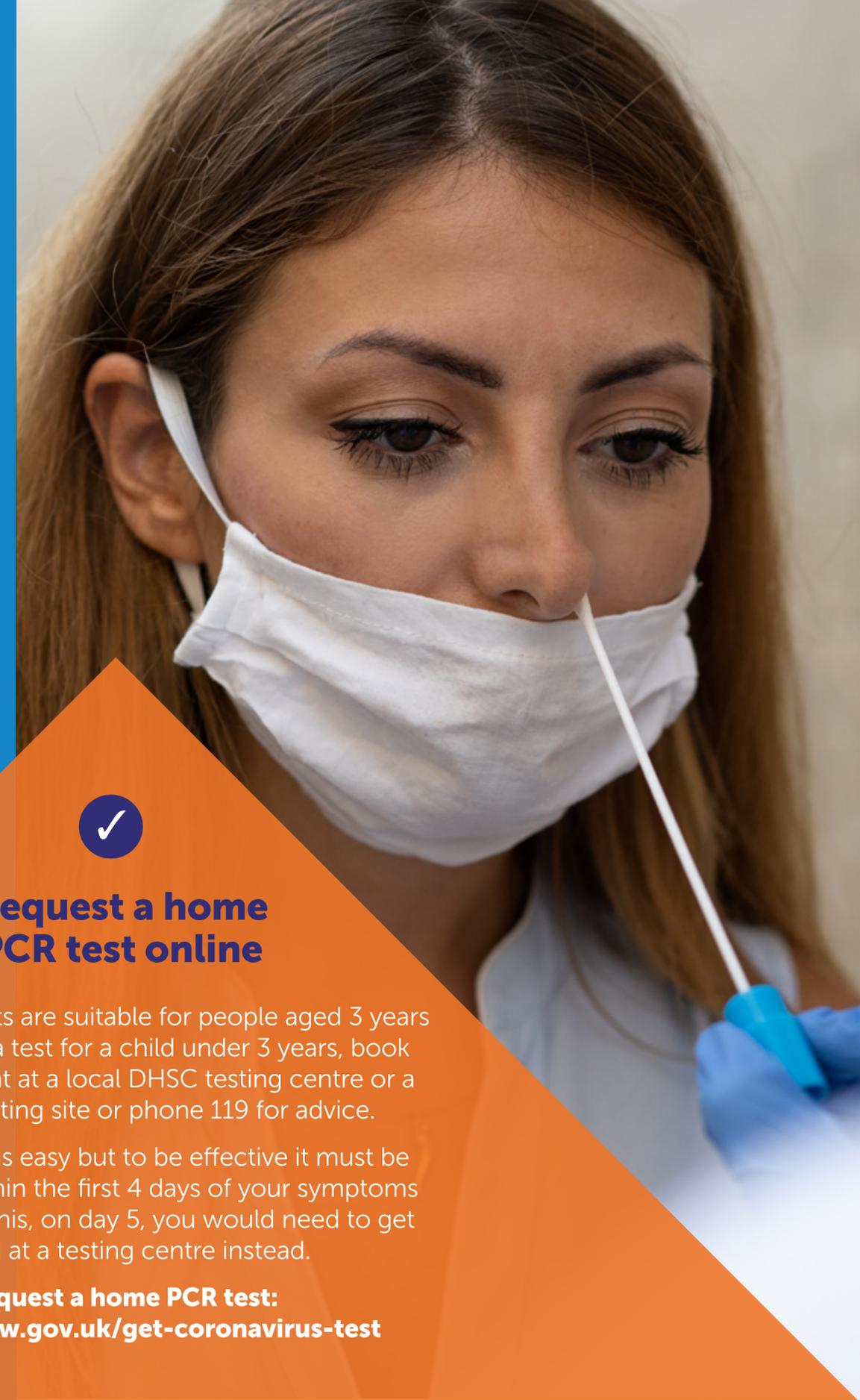


### Request a home PCR test online

Home testing kits are suitable for people aged 3 years or above. For a test for a child under 3 years, book an appointment at a local DHSC testing centre or a regional testing site or phone 119 for advice.

Home testing is easy but to be effective it must be completed within the first 4 days of your symptoms starting. After this, on day 5, you would need to get tested at a testing centre instead.

Request a home PCR test:  
<https://www.gov.uk/get-coronavirus-test>





**HELP BREAK THE CHAIN**

**OF TRANSMISSION**

If self-testing, remember to record your results following the instructions within your kit: every time you use a rapid lateral flow test kit and as soon as possible after you get the result.

**You cannot report a result after more than 24 hours.**

If you do not have symptoms of coronavirus **it's still best to test.**



**PROUD TO BE  
A COVID SAFE  
COMMUNITY**

**Rapid tests.  
Rapid results.**



LET'S DO IT

**FOR EACH OTHER**

LET'S DO IT **FOR BURY**

