

Let's live well

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Who	Where	When	What	Cost	Contact
Bee Inclusive - Social/Educational Activities for SEND children & young people	Various locations	Monday 4 th April 1-2pm Monday 11 th April 10.30-11.30am Plus, various dates throughout the year	Kids Rock. Shake, Rattle, Roll.	Free - The activities are open to any child/family of a child/young person with SEND in Bury	For more information on the next sessions see posters attached or please contact hellobeeinclusive@gmail.com
Bury Hospice – Self-care for carers	Patients own homes	Throughout the year			Providing support to carers who are looking after loved ones with a life limiting illness in their own homes.
Bury Tandem Club – Meet the Need/Endurance Ride	Meet behind Tottington Carpets	Every Sunday morning for 9.30am set off	Tandem cycling for blind or partially sighted people. Bury to Blackpool ride in the summer.	£3 per stoker	Also looking to recruit more volunteer pilots and stokers. More information and contact form here Bury Tandem Club for Blind and Partially Sighted People (bury-tandem-club.org)
The Big Fandango – Bury Suicide Safe Community Project	The Big Fandango, Bolton St, Bury	Once a month – Wednesday 6 th April 2pm-5pm	Suicide Prevention Training: training for front facing businesses and 3 rd sector organisations.	First place free	info@thebigfandango.com 07771644604

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The Sunnywood Project – Let's Adventure	Kirklees Valley Local Nature Reserve, Clarence Park & Chesham Woods. And coming soon Close Park, Radcliffe	Self-led Time Trial - Anytime	Three levels which vary in distance (1km to 5km) and difficulty. Record how long it takes your team to walk, jog or run.	Free	Once completed, scan the QR Code to upload your time, your time will be added to the leader board and a virtual certificate sent out. Time Trial Sunnywood Project (thesunnywoodproject.co.uk)
More to come...					